

# **COSMOLOGY OF THE SHAMAN**

## **THE FOUR WORLDS**

### **THE FOUR SELVES**

### **LEVELS OF THE MIND**

#### **THE UPPER WORLD**

Immortality (Non-Ordinary Reality) SuperConscious  
Ancestral Realms

The High Self A realm of Higher Consciousness  
A place of Inspiration  
A realm of creativity and great beauty  
and noble ideals

Knowledge, guidance, wisdom

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#### **THE MIDDLE WORLD**

Temporality (Ordinary Reality) Conscious

The Human Self The realm of material and  
environmental space and of  
physical appearances

Experience

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#### **THE LOWER WORLD**

The Hidden Self (Non-Ordinary Reality) Subconscious

The realm of subconscious  
dynamics and Place of Causations.  
Own inner dynamics work out their  
energies into manifestation in the  
world of physical appearances.

Place where spirits of animals, plants,  
stones (other than human beings)  
Reside.

Empowerment

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## THE UNDERWORLD

Mortality

Potential

Unconscious

The Body Self  
Place of the Dead - Soul's  
Holding place until ancestralization